



Signs of an Opioid Overdose/ Toxicity



Unresponsive

not moving/
cannot be
woken up



Snoring Sounds

or choking/ gurgling
coughing



Breathing

slow or
undetectable



Dizziness

disoriented,
confused



Discolouration

of lips and nails



Cold

or clammy skin



Pupils

constricted/
very small

What to do:

CALL 911

Then



GIVE BREATHS

1 breath every 5 seconds



NALOXONE

Administer Naloxone
if you have it



stopodmission.ca